

# LEBANESE UNIVERSITY Faculty of Pharmacy

# Community Pharmacy Internship Report Academic year: 2020-2021

**School year: Second** 

Name:
File No.:
Pharmacy Name:
Pharmacy Address:

Observations:		
Notes:	_/ 20	

Instructor use only

#### Introduction

Practical pharmacy experience is part of the total education of an intern that results in a competent professional. The intern is to be exposed to the duties and responsibilities of the pharmacist in pharmacy practice settings. This experience occurs after the completion of the second professional year, a period in which the knowledge gained during academic studies is applied to pharmacy practice. During this time, the intern pharmacist should acquire a mature and responsible attitude towards the practice of pharmacy in relation to patient, professional colleagues and the general public. The student will be exposed to:

- Logistics (ex:.....)
- Professional policy
- Interactive work experience with health care professionals (physicians, ...)
- Business management
- Quality management system
- Human resources management
- Initiation to communication with patient, management of therapy under the responsibility of pharmacist.

This document will be used as a practical roadmap to enhance understanding of the pharmacist role and responsibilities in the practice of pharmacy:

- A- To develop confidence in his or her ability to apply academic knowledge in a professional patient care setting.
- B- To recognize and work through the daily activities and responsibilities of a pharmacist in a variety of work settings
- C- To acquire knowledge and competency in the areas of:
  - 1. drug distribution systems including dispensing activities
  - 2. the use of drug products and dosage forms in practice settings
  - 3. sterile and/or non-sterile compounding activities
  - 4. daily operations and routines of the pharmacy

- 5. management of inventory, purchasing, recalls
- 6. accounting, budgeting, and data management
- 7. providing direct patient pharmaceutical care
- 8. counselling and monitoring for prescription and OTC products
- 9. teaching about medical/surgical supplies, devices and equipment
- 10. counselling and assessment for naturopathic, herbal, and other alternative products
- 11. participation as a member of the health care team
- 12. responding professionally to drug information requests
- 13. application of the laws and regulations governing the practice of pharmacy
- D- Become ethically trained as a member of the health care team to recognize and follow practice standards established by professional organizations, to become familiar with and demonstrate an ability to practice under the codes of professional conduct.

We expect the student to apply the following tips:

- Perform assigned tasks in a precise and rigorous manner
- Recognize his/her limitations and do their work checked by the right person
- Integrate into the team
- Have a specific activity or work which has a connection with the activities of a pharmacist

# **Objectives**

To achieve the cited objectives, the trainee must perform professional patient-oriented activities encountered in daily practice of pharmacy, designed so that the student integrates the process of pharmaceutical care practice grouped into five Experiences

- A. Knowledge of the training environment;
- B. Selection and supply of pharmaceuticals;
- C. Preparation, administration and storage of medicines;
- D. Dispensing, prescription processing;
- E. Clinical activities.

# **Suggested Activities**

Some learning activities proposed in the implementation guides help the tutor and student to jointly establish a program of activities likely to promote the objectives of this course. If necessary, the supervisor may also assign to the student some designed activities in order to achieve the mentioned objectives.

Experience	Objective	Activity
Knowledge of the training environment: Laws and regulations, Administration, Internal organization	<ul> <li>Explain the role of the personnel</li> <li>Understand the area repartition: dispensing area, storage, preparation area, refrigerators, required equipment</li> <li>Understand the code of conduct governing relations between the pharmacist and his staff, colleagues, doctors and patients</li> </ul>	Please refer to the detailed activities related to this section part A
Selection and supply of pharmaceuticals	<ul> <li>Differentiate the categories of products</li> <li>Explain the supply process</li> <li>Price structure</li> </ul>	Please refer to the detailed activities related to this section part B
Preparation, administration and storage of medicines	-understand the steps to achieving a masterful preparation(dose control, potential incompatibilities, record weighing, preparation if encountered during the rotation	Execution of masterful preparations (under the supervision of the pharmacist in charge)
Dispensing, processing prescription	Deepening knowledge of para- pharmaceutical products	Observation of
Clinical Activities, patient management and counselling	Communication with patient, counselling, analysis of therapy	Get familiar with drug properties, names, patient management

# 1) On boarding Interview

Tool serving as introduction allowing the clarification of the following points:

- 1. What does the student expect from the internship?
- 2. What does the pharmacist in charge expect from the student? Encourage the studentto open drawers, help in arranging the drug etc ...
- 3. Define rules: hours of work, skills...

Questions during interview	Example
Explain to the intern what you are expecting from him	You are expecting the student to show:  Curiosity: the student is free to access the drawers, didactic references etc  initiative commitment autonomy flexibility engagement and integration to team
Discuss with the student his own expectations from this learning experience	The student could expect the following:  • have a fear of beingoperatedasa living forceforinexpensiveimplementation of merchandise  • the pharmacist in charge know the importance of this learning experience  • expect encouragement and motivation  • have answers to his scientific questions and the related coaching
	The student cannot expect:         • a full time coaching         • remuneration of any kind
Explain your coaching capacity	<ul> <li>global overview of a daily work at pharmacy</li> <li>internship conditions</li> <li>real life work load</li> <li>social contact and relations</li> </ul>
Show the student your preparation and readiness to manage internship	<ul> <li>explain the objectives of internship</li> <li>discuss the following program and add on</li> <li>discuss the expected work during the training</li> </ul>

# 2) Closing Interview

Points to be discussed during the held interview:

- Are expectations met (from both sides)?
- 2 ways constructive feedback
- Complete the questionnaire and the documents related to internship validation, to be returned to the faculty

Questions during interview	Examples
Have the student been up to	
expectations?	
Have the student expectations	
been met?	
Have the training objectives	
been achieved?	
Proposal to improve the	Organization: program, project etc
training	Follow up
Discussion with the student	Student attitude and behaviour:
	Initiative
	• teamwork
	Self learning
Ensure that the training guide	
has been completed properly	

# **EXPERIENCE -A:** knowledge of the training environment (Week 1 & 2)

## I. Explain the different roles of the pharmacist in a pharmacy

**1.** Know the difference between the pharmacist and the technical stuff in performing pharmaceutical activities.

Describe the organizational structure of the pharmacy.

- 2. Specify according to the Lebanese code:
- A. Conditions to exercise the profession on the Lebanese territory.

B. Rules and regulations to open a pharmacy.

- II. Understand the organization of a pharmacy (management, preparation area, compartments, equipment, etc.)
  - 1. Take knowledge of different parts of the pharmacy; detail the preparation laboratory part, dispensing counter, accessories, OTC drugs, cabinets

2. Describe the management of drugs in a pharmacy. Is there other methods of management?

3.	Describe	the	types	of	Para	phari	maceu	ıtical	produ	cts (	existing	in	the	pharmac	y
	(toothpas	tes, p	erfum	es, s	hamp	ooing	, beau	ity cre	eam, et	c.).					

4.		: 8 e: iratio			of	drugs	con	tained	in	the	fridge:	trade	name,	active	ingredient,
Wh	at are	e the	gene	ral st	ora	age co	nditi	ons?							
5.	Is th	nere a	spec	cific 1	reg	gister f	or na	arcotic	s? l	If ye	s, expla	in the	registra	tion pro	ocess.

# III. Understand the code of ethics governing the professional relationship between the pharmacist with his staff, his colleagues, doctors and patients

1. Understand the role of the pharmacist in the health organization: describe the external patterns that interact with the pharmacist and detail the different types of providers and the role of the medical representative

## **EXPERIENCE- B: Selection and supply of pharmaceuticals (week 3-4)**

#### I. Explain the supply process applied at the pharmacy.

1. Briefly describe the main operations of supply (order, purchase, return, credit rating), the sources of supply

#### **Activities**

- 1. The student pharmacist must be familiar with the procedure of drug order and recall at the training site.
- 2. The student pharmacist must learn to deal with returned medications, and to control the expiry dates of products available at the pharmacy. In addition the intern needs to get used to the information management tool available at site.
- The student pharmacist must be familiar with the supply orders: check the name of provider, the pharmacy code, date, received products, prices, quantities, dosages, VAT, expiry dates.
- 4. The student pharmacist can participate to arrange the products on shelves according to the model applied in the training site.

## II. Understand the price structure of drugs (patient intervention,...)

1- List the different profit margins applied to pharmaceutical and para-pharmaceutical; give examples.

# **EXPERIENCE- C: Preparation, administration and drug storage.**

- I. Understand the steps of performing a masterful preparation (dose control and possible interactions, weighing sheet)
  - 1- Describe them briefly.

1. Know the different dosage forms (solutions, ointments, suppositories, elixirs, pills, capsules, effervescent etc); list them and give 2 examples for each form while indicating their use.

Forms	Examples	Use

# **EXPERIENCE-D:** Dispensing, processing the prescription

#### GENERAL AND SPECIFIC LEARNING OJECTIVES

1. Identify the different parts of the prescription («الوصفة الطبية الموحّدة»); draw a layout representing a prescription prototype; you should familiarize with this prescription: (pharmacist, doctor and patient).

#### **Activities**

The student pharmacist must be familiar with the prescription components (active ingredients, interaction, dosage, indication etc) and must consider the following information:

Dispensing types: prescription, counseling, auto

Types of patient: age, sex, psychology, clinical

Social coverage: social security, mutual, insurances

Types of prescription: brands, generics, auto medication products

Dispensing roadblocks: the pharmacist facing addiction etc

Obstacles of the auto medication

# **EXPERIENCE E:Dispensing**

1. Definition and Classification of Vitamins

2. List some trade names containing Vitamins.

3. Give the composition of two main specialties of the most multivitamins sold in the pharmacy for:

Children

Pregnant women

The elderly

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1. Name the main minerals and 3 related specialties with their indications

- 2. The combination of calcium and Vitamin D
  - a. Importance of this association

b. Give 4 examples of drugs with the dosage of Ca and vitamin D.

•	T .	1	C 1'	
3.	Iron	and	folic	2010
J.	поп	anu	TOHC	aciu

a. Importance of this association.

b. List the different forms of iron and give two specialties, their dosage and indication.

c. What other associations with iron are present also in the market? List their indications and trade names.

d. What recommendations should the pharmacist give to the patient treated with iron?

# III. Introduction to Para-pharmaceutical products

1. Sterile syringes

Volumes	Graduation - Gauge	Needles	Usage

2. Sterile Urinary Catheter: Use and number

3.	Difference among dressings- plasters- gauzes- compresses- bandages
4.	Different types of thermometer
5.	Name other para-pharmaceutical products with their use (gloves, bedpan, and bulb, baby diapers, adult diapers, mattress protector, baby accessories, and specify
	the difference among latex products, rubber, BPA etc.)

# **EXPERIENCE F: Patient Management**

#### I. Patient counselling and follow up:

The student actively lives due diligence and directly perceive the intent of all the tasks performed behind the counter. It is clear that a student cannot be left alone even when serving customers. By cons, he may be trained in customer service.

1. Talk about warts and the related hygiene

2. Name the different forms of corn removals, brand names, active ingredient; what advice to give to the patient?

3. Anti dandruff shampoos and anti-parasitic shampoos: active ingredients, administration and hygiene.

shampoos	active ingredients	administration	hygiene

# II. Antiseptic products

1. Identify 10 antiseptic products for external use (liquid soaps, bread) with their active ingredient, instructions and advice given to patients.

Product	Active ingredient	indications	advices

# III. Mouth hygiene

Categories: tooth paste, fluorine, mouthwash, antiseptics, whitening products	Active ingredient	Usage and patients counselling

# **IV- Introduction to Dermatology in pharmacy**

## 1. The Sun Screens

A. Define FP, SPF

B. List the different forms of sun screen mentioning the suitable skin type and give 2 examples of each

2.	Cream, ointment, gel
٨	Mantion the difference

A. Mention the differences between the cited forms and their usage

B. Give 3 examples of specialties composed of (trade name + active ingredient)

1. Antibiotics:

2. Antifungal:

3. corticosteroids:

4.	antihistamine:
5	Anti-inflammatory:
٥.	Time initialisma.
0.	Association (Corticosteroids + antibiotics):
7.	Association (Corticosteroids + antifungal):

## 3. Eye drops

Give 2 examples of specialties, mode of use, indication, storage, counsels to patient Corticosteroids based eye drops:

1. Antibiotic based eye drops:

2. Anti-histamine based eye drops:

3. Anti-inflammatory based eye drops:

4. Eye drops with association: